

ESA COVID-19 POLICIES

UPDATED JULY 2020 PER UPDATED CDC SUGGESTIONS

COVID-19 DAILY MEMBER & STAFF AGREEMENT

If you answer yes to any of these questions for yourself or your child, we ask that you do not return to the gym at this time.

- Have you experienced a fever, chills, cough, or body aches in the last 2 weeks?
- Has anyone in your household experienced any of the above symptoms in the last 2 weeks?
- Have you, or anyone in your household, traveled internationally in the last 2 weeks?
- Have you been told by a healthcare provider that you should self-quarantine due to potential Covid-19 exposure or concerns that you may have Covid-19?

REOPENING PLAN OF ACTION

We will be reopening our gym in phases based on suggested guidelines for us to continue safe training while practicing social distancing and continuous sanitization.

PICK-UP/DROP-OFF

Using our new schedule we are able to do our part to continue social distancing, but we need your help as parents to make this a smooth process. The 30 minutes in between classes allows us to safely get students out to their parents, sanitize the gym, and get the next group of students in and ready to start their class.

Here's where you can help! If you choose to drop off your child, please arrive at your designated time (10 minutes prior to class start time and 10 minutes prior to class end time). This will help us expedite this transition smoothly while practicing social distancing.

During the summer we sometimes offer a popsicle at the end of class if it is a hotter day. If you choose to drop off and leave your child with us please let us know through email if you would prefer that we did not give your child a popsicle, or if your child is allergic to a specific dye coloring.

MASKS/FACE COVERINGS

- We suggest the use of masks/face coverings while entering and exiting the gym as social distancing is more difficult during transition periods.
- All ESA staff will be required to wear a mask at all times.
- Masks for students are to be used at your own discretion.

ENTRY PROCEDURES

Every person who enters the gym (including staff) will go through the following steps:

- Sanitize hands (hand sanitizer is provided at the door)
- Temperature check (taken with no-touch thermometer by ESA staff)
 - Any person with a temperature reading of 100 degrees or higher will unfortunately not be allowed to enter the gym.
- Proceed to designated areas with continued social distancing.

CLASS TIME POLICIES

Phase 1 - All classes will resume for students ages 5 and older with a downsized student to teacher ratio. All classes will be 45 minutes with a 30 minute gap in between for safe pick-up/drop-off and time for cleaning. Toucans, Bumblebees, and Froggies will continue with virtual classes.

Students will be required to use hand sanitizer when entering and exiting the gym area and between event rotations. All gym areas have been marked with 6-7 foot gaps to allow safe socially distanced movement. There are hooks and shelves inside the gym wall to allow each student to have their own space for their personal belongings and water bottles as the cubbies and drinking fountains are temporarily closed. We ask that students only bring water to avoid sticky spills and messes.

Phase 1 Class Schedule

Monday-Thursday 5:00pm - 5:45pm 6:15pm - 7:00pm 7:30pm - 8:15pm

Saturday 9:00am - 9:45am 10:15am - 11:00am 11:30am - 12:15pm

(NOTE: ESA Aerial Arts schedule has been changed. Please check esaaerialarts.com)

Phase 2 - All classes from Phase 1 will be switched to 50 minutes with cleaning in between. Toucans, Bumblebees, and Froggies will resume with new restrictions in place.

RESTROOM POLICY

- We will be leaving the restroom doors open and have replaced our sinks and soap dispensers with new touchless models to add to our touchless hand dryers.
- We will be limiting the number of students in the restroom through staff communication. As parents, please help us out by keeping two or less people in the restroom at one time.
- Please wash/sanitize your hands prior to using the restroom and wash hands thoroughly after.

LOBBY VIEWING AND FRONT DESK

Prior to being allowed in the lobby, all must go through our entry procedures as stated on the previous page.

- Viewing is allowed, but will be limited due to social distancing guidelines.
- Each student may have one additional person in the viewing area. Siblings will not be allowed in the viewing area at this time.
- Chairs have been spaced out according to social distancing guidelines and are not to be moved. Tables have been removed and bleachers have been marked off.

Our front desk will be back to normal Monday through Thursday night and Saturday morning hours. We will continue to take all types of payments (cash, card, and check). Our standard payment policies are now back in place. We suggest that when possible all contact be made through email or phone call to limit face-to-face interaction. The following precautions are in place when this is unavoidable:

- Our front desk staff will be wearing masks when not behind the shields
- Hand sanitizer is available at the front desk
- Plastic shields have been placed at both stations
- Social distance markings have been placed on the floor if there happens to be a line
- The parent computer is currently not available for use

GYM CLEANING

We have hired a professional cleaning service to come in and deep clean the entire gym. We will be sanitizing between each event rotation during classes and doing a more extensive cleaning of the whole facility during our 30 minute gap between classes. This will be followed up with a full cleaning at the end of every day.

ILLNESS AND SYMPTOMS

Please be very cautious when sending your child to ESA for everyone's safety. Students and guardians will not be allowed into ESA if they are showing signs of possible illness. If a student shows up to ESA that is showing symptoms or if symptoms present themselves during class time, we will kindly ask you to take your child home until they are symptom free. We will allow makeup tokens for these required absences. If your child has a reoccurring or preexisting symptom please provide ESA a doctor's note to have on file.

ESA has a touchless thermometer and will be checking everyone's temperatures upon entry. Students are required to be 48 hours fever-free without medication in order to return to class if a fever is caused by something other than Covid-19.

If your child has tested positive for Covid-19 or has had contact with anyone who has tested positive for Covid-19 please notify ESA so we can take the necessary actions. We will notify families, if you or your student, have been exposed to a guardian, student, or staff member who has tested positive for Covid-19. Anyone exposed to Covid-19 should follow CDC guidelines.

We will follow all of these guidelines for our staff as well.

POTENTIAL REOCCURRING PAUSE

If another pause should occur due to Covid-19 we will continue classes and team practices via zoom and emailed assignments. We will not be offering refunds for the three day to two week windows if they occur.

THANK YOU FOR YOUR CONTINUED SUPPORT